

**Gold Country Riders
January Meeting Minutes
January 19, 2010**

Introductions: No new guests

Reports:

- There were no scheduled ride this month, but 9 members did meet for a hike on the American River bike trail.

Business:

- 2010 Club Monthly Meeting Location
It was voted unanimously for the meeting to be held at Rosie Country Kitchen. 6233 Auburn Blvd. Citrus Heights. The back room has been booked for the 3rd Tuesday of each month for the 2010 year.
- GCR 10 Year Anniversary T-Shirts – Amanda
No report this month.
- GCR 10 Year Anniversary 2011 Calendar – Maggy
This will be a commemorative 2011 calendar of our club's past 10 years. (cost TBD) In preparation for setting the calendar up, would like to include a picture of every member w/their motorcycle and also any past photos you have please email the jpeg to Maggy.
- GCR 10 Year Anniversary Passport to Fun Rides – Jeanie
Jeanie has created a passport book which entails: ride to destination routes, get signature from someone at that destination, and receive a completion award. Jeanie will email out the info.
- GCR 10 Year Anniversary Road Trip - Rouge River Dinner Boat Cruise – Fri. June 18 -21 – Sue C.
4 day trip, 3 days of riding with three different lodging locations. Leaving Sacramento Fri. June 18 staying in Yreka, Sat. June 19 Grants Pass, Sun. June 20 Fort Bragg at the Emerald Dolphin Inn, and Mon. June 21 ride back to Sacramento. AJ has volunteered to develop and lead the novice route. More info as the date gets closer. www.hellgate.com
- Spring Fling - Fri. May 14-16– Patti Anne & Karey
Yosemite Bug Mountain Resort - refer to Karey's email re: making reservations. AJ is going do a preride/predrive (depending on the weather) and check out the cabins. www.yosemitebug.com/index.html

Monthly Club Rides

Month	Coordinator	Date	Where
January	Maggy & Max	Sat. Jan 23	Max's house-Tech Day
February	Sue C.	Sat. Feb 13 Rain date:2/27 or 28	Novice ride-to Angels Camp 70 miles
March	Veronica	Sat. Mar 13	TBD

Sat. Jan. 23 – Tech Day: We will meet at 9am at A&S BMW, Ducati motorcycle shop (sponsor of our club) then caravan over to Max's house. Topic: Motorcycle Suspension "Overview", AKA; Suspension 101. It's going to be a basic workshop on your motorcycle's suspension, with a focus on springs, forks, shocks and how weight has an effect on your motorcycle.

Sat. Feb. 13 Ride: Sue C. is coordinating the novice ride, with a rain date of Feb. 27 or 28. Draft route: the ride will start & end in Rancho Cordova, meet at 10 am heading up hwy 16 to 49 through Jackson to Angels Camp for lunch. There will be a couple of short detours for the more advance riders if they want a more spirited ride. Refer to GCR website Feb. calendar for more details.

Additional Items of Interest:

- Janet N. provided a handout of "Lessons We Can Learn From Geese", which she felt compares to how we coordinate our rides. Will email out to members.

General Information:

- Women on Wheels Magazine Challenge – 5 points
- GCR intro/personal business cards available from Maggy
- Send group ride photo's for website to Nerissa
- Send points to Sue Childress
- Agenda items to Linda Shields

THE LESSONS WE CAN LEARN FROM GEESE

This autumn, when you see geese heading south for the winter, flying along in a 'V' formation, you might be interested in knowing what science has discovered about why they fly that way. It has been learned that, as each bird flaps its wings, it creates an uplift for the bird immediately following. By flying in a 'V' formation, the whole flock travels at least 71 percent further without rest than if each bird flew on its own. That's true for people, too. People who share a common direction and sense of community can reach their destination more quickly and more easily because they are traveling on the thrust of one another. Getting back to geese, whenever a goose falls out of formation, it suddenly feels the drag and resistance of trying to go it along and quickly gets back into formation to take advantage of the lifting power of the bird immediately in front. If we have as much sense as a goose, we'll stay in formation too, with those headed in the same direction we're going. And when the lead goose gets tired, it rotates back in the wing and another goose flies point. Which just goes to show that it pays to take turns doing hard jobs. The geese, not so incidentally, honk enthusiastically from behind to encourage those up front to maintain their speed. And finally, when a goose gets sick or is wounded by gun shots and falls out of formation, two other geese fall out with it and follow it down to help and protect it. They stay with the injured goose until it is able to fly or until it is dead. They start out on their own, or with another formation, to catch up with their original group. The moral here is obvious, too. If we have the sense of a goose, we human beings also will support and stand by each other in the classroom, in the workplace, and at home as we confront our various futures. If we don't, you know we'll never succeed; but if we do, if we really do support and stand by each other like those geese, you also know, down deep in your heart, that we simply can't fail."